



Behavioral Health Consortium  
Education & Prevention Committee  
Wednesday, February 6<sup>th</sup>, 2018  
5:30-7:30P

1. Welcome & Introductions

- a. Michele Marinucci—Co Chair
- b. Becky King—Co Chair
- c. Tanner Polce (Lt. Gov Office)
- d. Sydney Garlick (Lt. Gov Office)
- e. Dionne Cornish (Brandywine Counseling Services)
- f. Ashley Upp (CR School District)
- g. Cami Winkelspecht (Nemours)
- h. Annie Slease (NAMI)
- i. Deb Stevens (DSEA)
- j. LaVaida Owens-White (Faith Community Nurse)

2. Recap of Last Meeting

- a. The meeting minutes were reviewed. A few clarification statements were made and Sydney will be updating the minutes to reflect the clarifications.

3. Review Draft Legislation

- a. Last meeting we discussed some legislation. Tanner shared that the statute is via administrative code. In order to maximize the narrative, legislation was discussed to require evidence-based K to 12 comprehensive health education. The terms evidence-based and mental health were added to amend title 14 of the Delaware Code relating to Comprehensive Health Education Program to better address the needs.
- b. When are the Health Education Regulations up for review? Some members of the committee believe it is this year.
- c. Discussion ensued on the two paths—either going through the bill introduction or via promulgated regulations.
- d. NY recently mandated K-12 mental health curriculum, but the language of their legislation did not match our needs. Our bill won't



increase the hours, so there won't be an additional burden on the classroom teachers. The idea is for more specific content for the educators.

#### 4. Stakeholder Engagement

- a. Discussed within the other item areas. In addition, stakeholders include DSAM (Sydney will coordinate this contact). Nemours is also a stakeholder. The Casey Family Foundation may also be a stakeholder. Faith Connection Ministry (get her name from the sign in sheet)

#### 5. Mental Health Trainers

- a. Youth Mental Health First Aid: Sydney reached out to Amy at DSAM. They have been training on the Adult First Aid and may be able to re-appropriate some funds. DOE just received a large grant as well. We are closer to the ability to appropriate funds to support the training of trainers in Delaware for the Youth Mental Health First Aid. Sydney will be working with DOE and anticipates having an update for us at our next meeting.
- b. We would need to identify the criteria for the 30 trained trainers—they would need to be good speakers,

#### 6. Uniform Professional Learning Days for Schools

- a. There was resistance to the request due to the staff demand. We can still move forward with a Joint Resolution calling attention to the matter. We can get buy in from the key stakeholders—Union, Chiefs, School Boards. Deb: DSEA; Michele: DASA Legislative Committee; DSBA: John Marinucci; Kendall: Charter Schools Network
- b. The major opposition was the staff capacity required to plan a professional learning day. Previously it was held in all three counties and there was a menu of learning opportunities available to staff. The ability to provide a high quality PD for many across the state at a cost saving. Having one shared day to pull all resources instead of having each LEA have to provide their own is viewed by the committee as a benefit.



- c. If the issue is truly bandwidth, we can develop a steering committee and solve for the bandwidth issue.
- d. If the issue is really fiscal, and the “cost”, we can go to the general assembly and request funding for the “cost” of an additional day of PD.
- e. The TELL Delaware Survey provides support for the desire/need for differentiated PD
- f. PLAN: Do a “soft” ask of the potential stakeholders to gain support while also doing a conversation with the legislators.

## 7. Next steps

- a. Action Items for professional learning day—see above
- b. The first year committee tasks were reviewed individually to ensure we are on track. Many of our tasks are being covered via the work we have identified and begun implementing.
  - i. Parental engagement is a key area—and critical; discussion ensued on ways to address this. Supporting the parents in recovery—for the whole family (jobs, housing, support groups). This will be a continued topic for discussion.
  - ii. The Overdose System of Care is focused on walking the person and their family through recovery (DSAM project). What about a System of Care for Mental Health concerns—from birth up. How do we support the mental health of our young adults (age 18-25).
  - iii. Add Meedra Surrat/Kathy Herel (PIC) to the invitation list for our committee.
  - iv. How do we address the spiritual distress? We need to look at the ACEs and assist. We are fighting a spiritual warfare.
  - v. There is a website: Help is Here
  - vi. Nemours also has a public website project for the continuity of access of services and help with navigating.
  - vii. Healthy Neighborhoods is now called Healthy Kids Delaware
  - viii. The Access and Treatment group has taken on the last of our objectives for year one.



8. Public Comment

- a. There is a free event: ABC Fashion Show at DSU on 2/7 at 7:30 in recognition of Black Awareness Day.
9. Next Meeting Update: We will hold our next meeting on March 6 from 5:30 until 7:30 at Roma, 3 President Drive, Dover, DE

The next BHC full consortium meeting is on Tuesday, February 12<sup>th</sup>.